

Exhibition Catalogue

SELF-PORTRAIT

Works by Alex Wilmott

My work is unashamedly autobiographical and has always been about self exploration. It is particularly concerned with the experience of depression and the questioning of self that accompanies it. Through this immersive investigation I am able to reconcile contradictory feelings into a world that otherwise wouldn't hold a place for them.

This collection of works comprise the exhibition *Self-Portrait* held at Jeannie Avent Gallery, January 2018.





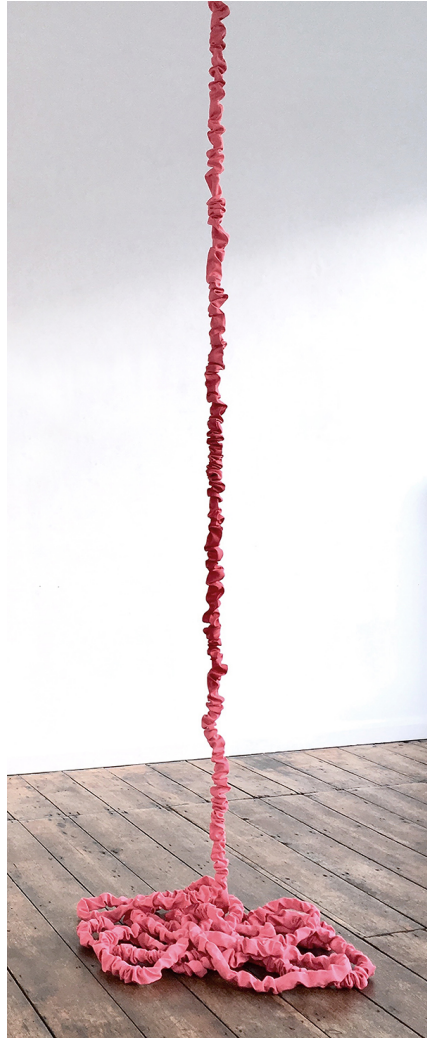
The Multifaceted Mrs Wilmott 2018
Inkjet – Edition of 3
25.75 x 34cm



Untitled (Up) 2016
Inkjet – Triptych – Edition of 10
Each Print 8.2 x 10.8cm



Slave to the Rhythm 2018
Inkjet – Edition of 3
14 x 16.6cm



My Insides Out 2017
Cotton and Rope
Dimensions Variable



Joy 2016
Polaroid Triptych
Each Print 8.6 x 5.4cm



To Have and to Hold 2016
Polaroid Collage
22 x 30cm

www.alexwilmott.co.uk

alex@alexwilmott.co.uk

INSTAGRAM [@alexwilmott](https://www.instagram.com/alexwilmott)